



### Principles of Mental Hygiene Applied to the Management of Children Predisposed to Nervousness (Classic Reprint) (Paperback)

By Lewellys F Barker

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Excerpt from Principles of Mental Hygiene Applied to the Management of Children Predisposed to Nervousness Even in families in which no nervous taints exist in the parents or near relatives the children sometimes become nervous through faulty education and there, is a growing desire on the part of well informed people now-a-days to make sure that the means of education they provide for their children shall be such that the nervous system will be protected and strengthened rather than exposed to over-strain and injury. One fact which has become ever clearer as medical knowledge has advanced concerns the nutrition of the. child. Faulty feeding in infancy and early childhood may lead to such impoverishment of the tissues and such stunting of growth that the ill effects can never be recovered from in later life. A considerable proportion of the intellectual and moral inferiorities among our people is fairly attributable to imperfect nutrition at this early age. Fortunately the public is now being so thoroughly educated to the importance of breast feeding for infants and of liberal and...



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